

phone lights for dental photography

Which light is right for you?



smile lite mdp2

Pros

- ✓ Excellent shade accuracy
- ✓ Polarisation included
- ✓ Multiple lighting modes
- ✓ Premium product

Cons

- ✗ Expensive
- ✗ No shutter button
- ✗ Cannot clip on lens

Best for shade matching and lab communication - market leader.

Approx price:
£475 UK



twin led rig

Pros

- ✓ Space to clip on lenses
- ✓ Flexible illumination
- ✓ Mimics twin flash

Cons

- ✗ Posterior harder to light
- ✗ Less versatile
- ✗ No shutter button
- ✗ Bulky

Best is using a clip on macro lens.

Approx price:
£40-150



multi-zone panel

Pros

- ✓ Smile Lite-style setup
- ✓ Shutter button option
- ✓ Good value
- ✓ Polarisation option

Cons

- ✗ Quality varies widely
- ✗ Unknown colour accuracy
- ✗ Battery life inconsistent

Best for budget-conscious clinicians.

Approx price:
£60-200



clip-on ring light

Pros

- ✓ Cheapest option
- ✓ Simple to use
- ✓ Great for social content
- ✓ Lightweight

Cons

- ✗ Poor shade matching
- ✗ No polarisation
- ✗ Weak colour rendering

Best as a starter kit.

Approx price:
£15-40

the one thing **nobody** tells you:

This is the one that catches people out, so I'll say it plainly.

Dental photography is shot much closer than ordinary camera work, roughly 10 to 20 cm from the teeth.

And the moment you clip a polariser onto the front, you're closer still, which means the light, and your hands, end up quite near the patient's face.

It's manageable, but plan for it: warn the patient, and get comfortable working in that tight space before you're doing it in front of someone in the chair.

